

Age-Friendly West Sacramento
West Sacramento City Hall
1110 West Capitol Avenue
West Sacramento, CA 95691

Age-Friendly Newsletter

Your Guide to Staying Connected with the City
www.cityofwestsacramento.org/agefriendly | (916) 617-4500 | 1110 West Capitol Avenue
Would you like to keep receiving this newsletter? See Page 4.

News

New Public Transportation Service



Have you heard about the City's new on-demand rideshare service?

Get Started

First, a user account must be created using a smartphone or tablet. If you don't own one of these devices, you can: borrow one from a friend or family member; visit City Hall, the Community Center, or Recreation Center; or call (916) 318-5101 to schedule a meeting with a Via representative. Afterwards, you can book a ride

through the "Via Rideshare" app or by calling (916) 318-5101. A Mercedes Benz van with the City's logo on it will arrive in 8 to 10 minutes on average. Rides can't be booked in advance at this time. Service will initially operate weekdays 7 a.m. to 7 p.m. and Saturdays 9 a.m. to 7 p.m. (no Sunday or holiday service).

Accessibility Options

Rides will initially cost \$3.50 per person for each one-way trip, or \$1.75 for seniors (62+) and people with qualifying disabilities. To apply for the discount bring valid documentation of your age or disability in person to City Hall (1st floor), Community Center, or Recreation Center. You must have an email address, phone number, and credit/debit/stored valued card to set up an account and receive the discount.

You may be asked to walk across the street or to the end of your block to meet your ride. If you are mobility limited, you may call Via's customer service line during operating hours at (916) 318-5101 and let them know. You can request assistance from your driver to store walkers, canes or other mobility devices, as well as groceries or bags. For wheelchair accessible rides and door-to-door service, enter promo code "WAV" on the Via app, or let a customer service representative know if you book by phone.

Take a Free Ride

New users who set up a Via account before September 30th will get **two rides free** with the promo code: WSCITY. The success of this service depends on you – please try it today! Share your feedback and learn more at www.cityofwestsacramento.org/via or (916) 617-5310.

Stay Informed

To make the best use of the City's resources and avoid creating "junk mail," after the first four issues this quarterly newsletter will only be mailed to residents who request to receive it.

We'd love to include you! To sign up to continue receiving this quarterly newsletter, please call (916) 617-5044 and leave a message with your name, address and ZIP code.



Meals Delivered to Your Home



The program delivers freshly prepared, hot meals directly to your home. There is no charge for eligible participants, but a donation in any amount is appreciated.

Meal reservations must be made 24 hours in advance. The hours are Monday through Friday 10:45 a.m. – 12:00 p.m.

To apply for this program, call James Kreidler at (530) 662-7035 or email jkreidler@mowyolo.org.

Books by Mail Service

Yolo County Library provides a free service that delivers library materials through the mail. This program is designed for residents that are prevented from visiting a Yolo County Library branch due to a disability, illness, or lack of regular transportation.

After completing an application, residents can request specific materials be mailed to them directly and may even request that library staff select materials for them based on personal interest. To learn more please contact Books by Mail staff at (530) 757-5583.



Volunteer in the City



- Generation Bridge seeks volunteers for after school programs working with youth. For more information contact Jacqueline Noble at (916) 617-5320.
- AARP Foundation Experience Corps pairs volunteers age 50 and up with students in kindergarten through third grade to help them improve their reading skills. Learn about the program by calling (916) 856-3972.
- Yolo County Neighborhood Court needs volunteers to apply restorative justice techniques to criminal violations that impact the quality of life of neighborhoods. For more information please call (530) 666-8378.

Avoiding Identity Theft



Identity theft is when someone steals your personal information, like your name, Social Security number, or bank account information, and uses it to commit fraud or other crimes.

Julie Bates, Gerontologist and Associate State Director for AARP, will present the high- and low-tech ways of protecting yourself during a free class at the Community Center on Tuesday, June 19th from 11 a.m. to 12 p.m. For more information, please call (916) 617-5320.

What's Happening, Seniors?

Engage in group discussion every third Wednesday of each month from 12:00 p.m. - 1:30 p.m. at the Arthur F. Turner Community Library. Make new friends, share stories, and learn from one another at the next meeting on June 20th.

Transportation is available by Yolobus, Yolobus Special paratransit and the Senior Shuttle - all are wheelchair accessible. Call (916) 375-6465 for more information.



Learn-to-Ride Via



Please join City staff for an upcoming “Learn-to-Ride” event where they will provide a brief overview on the Via service, answer questions, help create new user accounts, and provide Senior or Disabled Rider discounts for qualified riders.

The event will be on Thursday, June 28th, 11 a.m. to 1 p.m. at the West Sacramento Community Center, 1075 West Capitol Ave.